

Kendal Snowsports Bronze and Silver Awards 2016



Once again we are offering a chance to continue your skiing season with our popular Bronze and Silver standard skiing awards. The format is simple; over four Monday evenings from 7.30pm to 9.30pm you will be taken through performance focussed skills, gaining points to achieve the awards. For the two hour sessions you pay £15 including equipment from our UKSS instructors to focus in on the detailed intentions that go to build up all the skills to become a competent all round recreational skier.

To enrol, please email info@kendalsnowsportsclub.co.uk to register your interest. There are limited places so book now to avoid disappointment. It is essential you are at the first session to understand the format and scoring system.

Mondays start 11th April, then 18th April, 25th April and 9th May 2016 from 7.30pm until 9.30pm. (Note: No awards on 2nd May)

Bronze level skiers

After four 2 hour sessions, the holder of a Bronze Performance Award skier will have a working knowledge of their ski equipment. The equipment shall include their Boots, Skis, Poles and Bindings and how to check and adjust the bindings on the skis. The holder of the bronze performance award will be able to demonstrate an appropriate skiing posture while remaining balanced. It is understood most skiers will have had at least 6 beginner lessons at our club to carry out the minimum requirements of plough turns.

Use of both the Rope tow and Poma tow will be explained to allow skier to safely carry out some of the award intentions.

Silver level skiers

The pre-requisite for commencing the Silver Performance Award ideally should be the Bronze Performance Award and at least 2 snow seasons at the club. You should be able to ski using linked snow plough steering with appropriate posture for terrain, in balance throughout the task being performed and with minimum tension.

Mondays start 25th April, then 9th May, 16th May and 23rd May from 7.30pm until 9.30pm. (Note: No awards on 2nd May)
